

Spirit in the Desert is nestled in beautiful Carefree, AZ where the Sonoran Desert presents its splendor among the majestic Saguaro Cactus, soaring mountains and amazing sunsets!

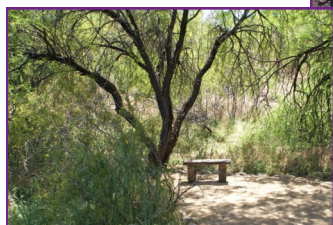


Large, comfy guest rooms with private baths and mountain-view balcony/patio. Amenities include swimming pool, Jacuzzi, free Wi-Fi.



Scrumptious and healthy meals are prepared by our International gourmet chef.

Walk our Labyrinth and Islands of Silence Meditation Path



Experience the peace and tranquility that IS Spirit in the Desert.

Spirit in the Desert is a short walk from the unique Carefree shopping district located on Easy Street near the intersection of Ho and Hum Streets...not far from Nonchalant...ahhh!

We're about an hour's drive north of Phoenix Sky Harbor Int'l Airport. At an elevation of 2589', we're cooler up here!



Spirit in the Desert is a holy place where people experience hospitality and renew their callings in the world

Spirit in the Desert Retreat Center

7415 E. Elbow Bend Road

P.O. Box 3254
(mailing address)

Carefree, AZ 85377

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WEBSITE

www.spiritinthedesert.org



à la carte Retreat Menu

For a "Full-filling" Retreat
We have the right "ingredients"
for your retreat!

- ◆ These a'la carte items can either stand-alone in a one or two-day experience at *Spirit in the Desert*, or can be woven together for a longer event
- ◆ *Spirit in the Desert* is blessed with a significant network of content providers and worship leaders
- ◆ If you have other needs, please let us know and we will work to find the resources for you

Spirit in the Desert Retreat Center
Carefree, Arizona



Spirituality/Worship

- Providing worship and music for your event.
- Spiritual Direction
- How to walk the labyrinth for spiritual and physical nourishment
- How to use the labyrinth to help develop a deeper prayer life
- How to experience “Living In the Quiet” using our Islands of Silence Meditation Path
- A good old-fashioned hymn sing and pie!



Social Responsibility

- Thinking Green – Care of Creation
- Volunteerism
- Immigration Issues
- Historical Perspective
- Racial & Social Justice

We will work with you to determine your needs and recommend the best options for your retreat!



Health~Wellbeing~Retirement~Finances

- Estate Planning – Information and advice, not a sales pitch
- Medicare Part B & D Plus the New Health Care Law
- The brain is like fine wine ... it improves with age. Exercises for the brain.
- End of life issues, Hospice, Grief
- Cooking for a Healthy Heart
- Help! My 50 year old son and family are moving in with me—what now?
- Retirement Finances: Beware of those “could-be-financial-traps”
- Purposeful living after retirement



And the “Frosting on the Cake”

- Star gazing with an astronomer
- Native American Culture & its impact on the Southwest, arts, cooking, hoop dancing...and more
- Sonoran Desert landscaping using Spirit in the Desert as an example.
- Sonoran Desert Studies: how to live and sustain this fragile habitat
- Jazz Around the Pool with Bob Ravenscroft Jazz Trio
- Gourmet Night with Spirit’s gourmet chef, Sierra Lutke who will share her international skills. Learn it—cook it—eat it!
- Couples Wine & Dine

